

2003 Health Recovery Program for Homeless Men

On July 17, 2003, the Gennesaret Free Clinic Health Recovery Program for homeless men (HRP) celebrated its three year anniversary. The Health Recovery Program, located in two houses at 24th Street and Central Avenue, provides up to eight men a place to recuperate after hospitalization. Each man has a private room. Both houses have a living room, kitchen, bath, and are handicapped accessible. The idea behind the HRP is to create a “homelike” environment to enhance the overall healing process. Health care services, nutritious meals, case management services along with supportive services in the areas of mental health and addictions are provided to aid the patient in his total recovery.

The HRP staff consists of Mark Douglas, RN, FNP, Director, Susan Eldon, Case Manager, John Long, HRP Operations Manager, and Larry Dilda, HRP Associate Manager.

During 2003, the HRP served 29 participants. The average age was 48.0 years, with the average length of stay being 69 days.

The major admitting diagnoses include: orthopedic related injury requiring surgery, HIV related illness, foot infection/ amputation, leg wounds, congestive heart failure, cancer, coronary artery bypass graft, arteriovenous malformation, kidney failure, deep vein thrombosis, Crohn’s disease, MVA/ paraplegia, rejection/kidney transplant, abdominal wound, West Nile virus/Wernicke syndrome, multiple sclerosis, and cellulitis.

Of the men admitted to the HRP, 92% stabilized their admitting diagnoses, 86% were placed in either permanent or transitional housing after their discharge from the HRP, 31% of the men were assisted with employment, 21% secured either full or part-time employed while at the HRP, and 26% utilized counseling services during their stay.

Support for the HRP comes from Carpenter/GMAC Real Estate, Clarian Health Partners, the United States Department of Housing and Urban Development Emergency Shelter Grant and a Community Development Block Grant, Health and Hospital Corporation, the State of Indiana through a Housing and Urban Development Emergency Shelter Grant, St. Vincent Hospital and Health Care Services, Neighborhood Assistance Tax Credits and the donors of Gennesaret Free Clinic.

2003 Gennesaret Free Clinic

Statement of Revenues, Support and Expenses - Cash Basis

As of September 30, 2001

Revenues and Support

Contributions	119,164
NAP Tax Credit Program (Temporarily restricted only in 2003)	100,000
Contributions - in kind	62,616
Donated Services	269,400
Special Events - Art for Beds	44,700
Special Events - Golf Classic	94,987
Grants - unrestricted	35,724
Grants - restricted	278,814
Investment Income	11,167
Other Income	37,624

Total Revenues and Support..... 1,054,196

Expenses

Program Services	810,604
Management and General	122,942
Fund-raising	26,813

Total Expenses 960,359

Revenue & support in excess of expenses	93,837
Net Assets, Beginning of Year	1,135,632

Net Assets, End of Year 1,229,469

2003 Board of Directors

- Marvin Brames, CPA
- Sam Brown
- Kathy Cohenour, MD
- Mary Ann Grogan, RN
- Richard Hahn, MD
- Lynne O’Day
- David Orentlicher, MD, JD
- Lois Pinckley
- Margaret Sheridan-Bannister
- Todd Stacy
- William Tellman, DDS
- Becky Pierson-Treacy, RN, JD
- James Trippi, MD
- Mark Varnau
- Patrick Wilkins

2003 Advisory Committee

- Christopher Bailey, MD
- Otis Bowen, MD
- Eugene Bushe
- Virginia Caine, MD
- Clyde Lee
- Judy O’Bannon
- Sam Odle
- Claudia Polley-Love
- Thomas Prall
- Anne Ryder
- Yvonne ShaheenStaff

2003 Staff

- Rebecca A. Seifert, MSW
Executive Director
- Cheryl Myers
Director of Operations
- Cynthia Hubert
Development Associate
- Sharon Swem, MSW, LCSW
Women’s Health Initiative
- Mary Sue McFarland
Medical Records Specialist
- Mark Douglas, RN, FNP
Director Health Recovery Program
- Susan Eldon
Case Manager, Health Recovery Program
- John Long
Operations Manager, Health Recovery Program
- Larry Dilda
Associate Manager, Health Recovery Program
- Janet Brewer, DA
Dental and Wellness Center
- Lenka Ligon
Dental and Wellness Center

GENNESARET FREE CLINIC

Volunteer Health Care Services for the Homeless and Poor

2003 Annual Report

*A Community Response to
A Community Need,
Dedicated to Healing.*

2003 Director's Word

When Gennesaret Free Clinic was founded sixteen years ago by Dr. James A. Trippi, it was thought that the clinic's medical services would only be needed "a couple of years." In 2003, the health care services provided by Gennesaret Free Clinic are needed more than ever and are vital to keeping homeless and working poor persons in our community healthy. Gennesaret Free Clinic has always endeavored to address the health care needs of our patient population by providing a wide range of health care services inclusive of medical, dental, vision, and women's health services focusing on early detection, a Health Recovery Program for homeless men, and an annual Shelter Health Fair. Funding these essential services is an ongoing challenge.

To help Gennesaret Free Clinic meet this challenge, the Clinic received a two-year capacity building grant from The Clowes Fund, and hired Full Circle Enterprise to help us increase public awareness about the work of Gennesaret Free Clinic, increase donor support, and increase partnerships and alliances with for-profit and non-profit organizations. The Clinic's goal in 2004 is to start an endowment so that the ongoing work of Gennesaret Free Clinic will have another stream of support. For those of you who support the work of the Clinic by donating your gifts of time, talents and resources thank you so very much... we could not give the care we do without you! A very special thank-you is extended to Carpenter/GMAC Real Estate. Gennesaret Free Clinic literally would not be able to serve the health care needs of our city's homeless and working poor without your support.

Sixteen years later, Gennesaret Free Clinic still embodies the passion, dedication, and a desire to help that marked its beginnings when one person offered another person help and hope. Thank you for being a part of our community of caring.

Sincerely,

Rebecca A. Seifert, MSW
Executive Director
Gennesaret Free Clinic, Inc.

2003 Medical Services

This past year, our 350 volunteer health care professionals and others cared for more than 3,917 patient visits at thirteen weekly clinic sessions held at the Care Center, Cathedral Kitchen, Foltz Foundation Clinic at WINGS, Holy Family Shelter, Lighthouse Mission, the Saint Vincent DePaul Choice Food Pantry, Salvation Army Adult Rehabilitation, and Veterans Park. The busiest sites were at the St. Vincent DePaul Choice Food Pantry, Veterans Park, and the Lighthouse Mission. In addition to the above listed sites, we opened a new wellness center located in the lower level of the Blue Triangle Residence Hall. Mark Douglas, FNP staffs this clinic. The most frequently diagnosed conditions that we see among the people we treat are hypertension, upper respiratory infections, bronchitis, and gastro-intestinal problems.

Each clinic site has a fully stocked formulary of both prescription and over-the-counter medications. Having medications readily available is essential to our providing care to our patient population. Last year, we dispensed over 11,000 units of medication. Our medical services are funded by grants from the Marion County Health Department, and the Netherleigh Fund, a fund of The Indianapolis Foundation, in-kind donations of pharmaceutical product by Eli Lilly and Company, Pfizer U.S. Pharmaceuticals, and the donors of Gennesaret Free Clinic.

2003 Vision Care Services

To meet the vision needs of homeless persons, a partnership between Gennesaret Free Clinic and the IU School of Optometry was established in 1994. Optometry students under the supervision of a licensed optometrist see patients who need eye exams. While our patients receive invaluable care, the optometry student also benefits from the opportunity to observe and treat ocular disease and trauma that they might not otherwise encounter in the general population. In 2003, Gennesaret Free Clinic provided 432 eye exams and glasses to our patient population. Our vision care program was supported by a grant from the Netherleigh Fund, a fund of the Indianapolis Foundation, and the donors of Gennesaret Free Clinic.

2003 Dental Services

For many years there has been a critical need for dental services among homeless and working poor persons in our city. Recognizing that dental care is essential to a person's overall health and well-being, Gennesaret Free Clinic opened a new Dental and Wellness clinic in the lower level of the Blue Triangle Residence Hall in April 2002. In fiscal year 2003, the dental clinic had 3,951 patient visits and provided \$ 687,802.00 worth of care free of charge.

Volunteer general dentists and oral surgeons, from our community, along with a dental team from the Marion County Health Department staff this clinic. In 2003, support for the dental program came from grants from the Nina Mason Pulliam Charitable Trust, the Efromyson Fund, a fund of the Central Indiana Community Foundation, the U.S. Department of Housing and Urban Development Community Development Block Grant and the donors of Gennesaret Free Clinic. This clinic would not be possible without Partners in Housing Development in-kind donation of space for the Dental and Wellness Clinic.

In addition to the services provided at our dental clinic in the Blue Triangle, Gennesaret Free Clinic in partnership with People's Health Center conducts an annual Dental Blitz. This program partners the facilities of the People's Health Center dental clinic with volunteer oral surgeons and general dentists. In 2003, the Dental Blitz provided oral surgery services to 48 patients referred from the Shelter Health Fair.



2003 Shelter Health Fair

The year 2003 marked the 15th anniversary of the Shelter Health Fair. Started to prevent the spread of tuberculosis among the homeless in Indianapolis, the scope of services was expanded in 1990 and the name was changed to the Shelter Health Fair.

Services provided included TB testing, flu shots, immunizations, dental, vision, and blood pressure screening, HIV testing and education, and lead testing, along with follow-up services that provide dental care, eye exams and glasses. Growing every year since its inception, the 2003 Shelter Health Fair provided 928 people with health and screening services. All persons receiving services are given a pair of gloves and a winter hat.

The Shelter Health Fair would not be possible without the support of the Marion County Health Department and other health and human service agencies serving the homeless. Funding for the Shelter Health Fair comes from Trident Financial Services for Lutherans, and the donors of Gennesaret Free Clinic.

2003 Women's Health Initiative

Gennesaret Free Clinic's Women's Health Initiative provides vital breast and cervical health care services at our clinic located inside the St. Vincent DePaul Choice Food Pantry to women who utilize the services of the Pantry.

In 2003, Gennesaret Free Clinic received a grant from the Indianapolis Affiliate of the Susan G. Komen Breast Cancer Foundation in support of the breast health services provided at this site. The Women's Health Initiative is staffed by Gennesaret Free Clinic staff member Sharon Swem, MSW, LCSW along with the core Women's Health Initiative volunteers that include Dr. Katy McMurray, Mary Ann Grogan, RN, Dorothy Titsworth, Esperanza Romo, and Jack Olding, Paul Schoettle - mobile van drivers. In addition to staff and volunteers, the Women's Health Initiative relies on alliances with the St. Vincent Hospital Mobile Mammography Unit, the Little Red Door Cancer Agency, and the Marion County Health Department to sustain these services.

In 2003, the Women's Health Initiative provided 70 clinical breast exams, 68 screening mammograms out of 92 scheduled appointments, 8 diagnostic mammograms, and 66 well woman exams; in addition to these services we also offered screening for hepatitis, HIV, and syphilis.

2003 Our Mission

We are health care professionals and other concerned individuals who have heard a calling to offer our talents and training to the homeless and indigent in Indianapolis. Through our volunteer efforts, we endeavor to provide competent, accessible and compassionate health care to the needy. Our faith moves us to show special respect and dignity to those who are disenfranchised; for we realize that it is in such a healing encounter that we are all made more whole by God.

2003 Special Recognition

336th Point of Light

CASPER Award for Community Service

Otis Bowen Award

Named by The Brookings Institution
for Nonprofit effectiveness

2002 Indiana Achievement Award for Sustainability

This annual report was made possible
by the contributions of the following:

John Shepherd: Graphic Design

Gennesaret Free Clinic, Inc.
631 E. New York Street
Indianapolis, IN 46202-3706

Phone: (317) 262-5645
Fax: (317) 262-5609

www.gennesaret.org